



# THE DIAMOND APPROACH<sup>®</sup>

## DISCOVERING ESSENTIAL COMPASSION

### *A New Diamond Approach Group Forming*

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Compassion is intrinsic to our being, an actual living presence that is distinct from any emotional feeling and outside of any spiritual ideal we think we should live up to. It is an expression of some of the deepest potentials of human beings – kindness, sensitivity, empathy, tenderness, altruism, and more.

We naturally tend to believe that our defensiveness, our anger, our closed-heartedness, and other "negative" states are what interfere with Compassion. But, in fact, they are the doorways to its re-discovery.

These painful and contracted places in us certainly need and respond to Compassion. At the same time, through our practice of inquiry, they can reveal the living essence of Compassion as our nature and show us the exact path to knowing that for ourselves.

Please join us for this weekend of discovery of the nature of Compassion.

#### **DIAMOND APPROACH TEACHERS:**

ALLAN WHITEMAN

GREG KNIGHT

NOELL GOLDBERG



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#### **DATES:**

**Sat. April 10**, 10 am - 5:30 pm

**Sun. April 11**, 10 am – 5:30 pm

**Mon. April 12**, 7-9 pm

**LOCATION:** Online on Zoom

**TUITION:** \$265

#### **FUTURE 2021 Teaching dates:**

**May 15, 16**

**July 17, 18**

**Sept. 11, 12**

**Oct. 23, 24**

To register, click:

<https://forms.gle/Mauhh2ucrokmn6C6>

For more information, contact:

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